

# SPORTS CARDIOLOGY SYMPOSIUM

Ljubljana, University Medical Centre, April 22, 2026



## programme

08:00-08:50 Registration  
08:50-09:00 Introduction to the course

### Session 1

#### 09:00-11:00 Practical approach to ECG interpretation in young athletes

09:00-09:20 Athlete's ECG; distinguishing normal from abnormal patterns  
Antonio Pelliccia (Italy)

09:25-09:40 Anterior T wave inversion; Distinguishing benign from malignant patterns  
Michael Papadakis (United Kingdom)

09:45-10:00 Inferior and lateral T wave inversion; Always worry?  
Aneil Malhotra (United Kingdom)

10:05-10:15 Right bundle branch block; When to worry?  
Tinkara Ravnikar (Slovenia)

10:20-10:30 Is axis deviation and atrial enlargement still relevant?  
Mark Abela (Malta)

10:30-10:40 Low QRS voltages; Should we worry?  
Viviana Maestrini (Italy)

10:45-11:00 Ventricular ectopy made simple: morphology at risk  
Alessandro Zorzi (Italy)

11:00-11:30 Coffee Break

### Session 2

#### 11:30-12:30 Putting theory into practice – ECG Quiz – Test your skills

Michael Papadakis (United Kingdom) & Katja Ažman Juvan (Slovenia)

### Session 3

#### 12:30-13:05 A step forward

12:30-12:45 The role of exercise testing in Sports Cardiology  
Silvia Castelletti (Italy)

12:45-13:05 Echocardiography in Sports Cardiology; What to expect  
Flavio D'Ascenzi (Italy)

13:05 - 14:00 Lunch break

### Session 4

#### 14:00-16:00 Putting theory into practice

14:00-14:15 Evolution of sports cardiology guidelines  
Antonio Pelliccia (Italy)

14:20-14:35 Challenges of shared decision making for sports participation in athletes with cardiovascular diseases  
Aaron Baggish (Switzerland / US)

#### 14:40-16:00 Putting theory into practice – Cases in Sports cardiology 1

16:00-16:30 Coffee Break

### Session 5

#### 16:30-17:50 Putting theory into practice – Cases in Sports cardiology 2

17:50-18:00 End of the course